



The Center for Parenting Education

Summer 2010 Programs

The Center for Parenting Education is a non-profit organization that educates and supports parents to do the best job they can in raising their children. Our goal is to provide information and skills in a safe and nurturing environment that encourages parents to make connections with other parents while they learn to create a home environment in which their children can thrive.

All parents are invited to attend any of the following programs. Register by calling us at 215-657-5720 or by going online at www.CenterforParentingEducation.org or by completing the form on back. Please make checks payable to "The Center for Parenting Education." Registration forms and payment can be mailed to The Center for Parenting Education, 1863 Old York Road, Suite B, Abington, PA 19001. Fee waivers are available; call to inquire.

Parent/Child Activities

Tuesdays, July 13 and 20
10 to 11 a.m.
Free of charge

Welcome to Parenthood
In conjunction with Abington Memorial
Hospital Childbirth Education Department

For parents of children ages:
up to one year

Book Preview for Parents

Monday, July 19
Monday, August 2
10:15 to 11:30 a.m.
Free of charge

How Much is Enough?
Sleepless in America
Held at Abington Free Library
Registration begins Monday, July 5. Call the library at 215-885-5180.

Storytime for Ages 3 and up
2 and under stay with parents

Educational Workshops

All workshops will be held from 7 – 9 p.m. at the Giant Super Food Store, 315 York Road, Willow Grove, PA 19090. The fee is \$15.00 for members of The Center for Parenting Education; \$20 for non-members.

Wednesday, July 7	Getting the Most Out of Your Children: Understanding Each Child's Uniqueness	all ages
Wednesday, July 14	Hear and Be Heard: Skills for Healthy Communication	all ages
Wednesday, July 21	Building Character, Confidence and Self-Esteem in Your Children	all ages
Wednesday, July 28	Taming the Anger Monster in Children	all ages
Wednesday, August 4	Coping With Sibling Rivalry	all ages

Online Workshop

Thursday, July 22

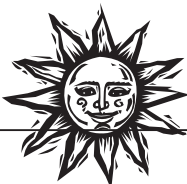
**What Makes Our Children Tick?
Understanding Temperament**

all ages

This workshop will be held in a virtual meeting room from 9 to 10:30 p.m. and is offered free of charge. *The Online Educational Workshop program is partially funded by a generous grant from the Willow Grove Foundation.*

For details, call The Center for Parenting Education at 215-657-5720
or visit our website www.CenterforParentingEducation.org

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Online Resource Library and On-Demand Articles

Check out the narrated and text articles posted on our website for important and helpful information about typical issues parents address everyday. This information will be at your fingertips whenever you need it. To view any of these articles, go to our website and then click "Online articles."

The On-Demand Articles program is partially supported by generous grants from Abington Bank and the Boeing Employee Community Fund.

Personal Coaching for Parents

Have you ever wished that you could talk with someone about the job of parenting or that you had more skills to handle the challenges of raising your children? One hour sessions are scheduled with a certified Parenting Educator. Often, two to three sessions are enough to give you the support and information you need.

Fee: 1st session: \$75.00 for members of The Center for Parenting Education; \$90.00 for non-members. Subsequent sessions: \$60.00 for members, \$75.00 for non-members.

Visit our website and see what's new! www.CenterforParentingEducation.org

E-Mail List – Parents are invited to join our email list to receive updates, parenting tips and reminders about our parenting programs. Visit our website to sign up.

Membership – Annual fee is \$45.00 per family. Join online.

The Center is pleased and proud to have Abington Memorial Hospital as its founding sponsor. Thank you to the hospital for its generous support in the printing of this flyer.

The Abington, Hatboro-Horsham and Upper Dublin Boards of School Directors assume no responsibility for the opinions, information and possible typographical errors and omissions, etc. that may be reflected in this flyer.

Registration Form

NAME

ADDRESS

CITY

STATE

ZIP

PHONE

E-MAIL ADDRESS

PROGRAM/DATE	AMOUNT	TOTAL
Please sign me up for Membership	\$45 per year	
Donation*	Please specify amount	
TOTAL		

*The Center for Parenting Education is a 501(c)(3) not-for profit. Donations are tax deductible and are greatly appreciated.